



**WHOLE HARMONY
WELLBEING CENTRE**
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To book an appointment visit:
www.wholeharmony.as.me

Lifestyle, Body & Mind. Treatments and Therapies for Better Health and Wellbeing

We specialise in three key areas: Functional Medicine, Colonic Hydrotherapy and other Holistic Treatments. Through this comprehensive approach, we are able to address the wide variety of needs, symptoms and conditions of those who visit us at the Whole Harmony Wellbeing Centre.

Treatments and Prices

Functional Medicine

Functional Medicine interview - phone call	30 min free
Functional Medicine initial consultation with Functional Medicine Practitioner	90 min £145
Functional Medicine follow-up consultation with Functional Medicine Practitioner for 1 hour	60 min £100
Functional Medicine follow-up consultation with Functional Medicine Practitioner for 30 mins	30 min £60
Functional Medicine initial consultation with Functional Medicine Coach	90 min £90
Functional Medicine follow-up consultation with Functional Medicine Coach for 1 hour	60 min £75
Functional Medicine follow-up consultation with Functional Medicine Coach for half an hour	30 min £45

Colonic Hydrotherapy

Initial Colonic Hydrotherapy with ARCH member (herbal enema included)	90 min £90
Follow-up Colonic Hydrotherapy with ARCH member (herbal enema included)	60 min £75
Initial Colonic Hydrotherapy with non-ARCH (herbal enema included)	90 min £75
Follow-up Colonic Hydrotherapy with non-ARCH (herbal enema included)	60 min £60

Coffee or other enemas could be added to the colonic, probiotic implants after colonic and they can be combined with Reiki and Ear Acupuncture (any addition is £15 for 15 min).

IV Drips

Vitamin Drip (Vitamin B1, 2, 3, 6, 12 & Vitamin C) - balanced electrolyte solution with magnesium	£200 (£350)
Under the Weather (High dose anti-inflammatory Vitamin C as part of a multivitamin, mineral and electrolyte drip)	£250 (£400)
Deluxe Recovery (Rehydrate, boost your immunity, re-energise, eliminate nausea and headaches)	£250 (£400)

**First price is a treatment booked for a regular clinic day, which are the 1st and 3rd Wednesday of the month.
Second price is if somebody would like the drip outside of the usual clinic days - booked in advance.**

EffectDoctors

Talking Therapies

Cognitive Behavioural Therapy (CBT) free initial call	15 min free
Cognitive Behavioural Therapy	50 min £80
Counselling initial phone call	15 min, free
Counselling	50 min, £50
Counselling - more complex	50 min, £60
Counselling - concession (OAPs, Military, Blue Light services and students)	50 min, £35
Dramatherapy initial phone call	15 min, free
Dramatherapy Initial Consultation	90 min £90
Dramatherapy Consultation	60 min £65
Family Constellations initial phone call	15 min, free
Family Constellations individual session	75 min £90
Hypnotherapy initial consultation	50 min £25
Hypnotherapy follow-up session	50 min £60
Hypnotherapy for smoking cessation	up to 2 hours £150

Other Therapies

Acupuncture initial chat	15 min free
Acupuncture with initial assessment	£75
Acupuncture follow-up	£65
Cupping & Tuina Massage	45 min £50
Ear Acupuncture NADA Protocol initial appointment	45 min £40
Ear Acupuncture NADA Protocol follow-up appointment	30 min £30
Homeopathy initial phone call	15 min, free
Homeopathic initial consultation	60 min £90
Homeopathic follow-up consultation	30 min £90
Homeopathic consultation block of 4	£300
Massage - Cellulite	90 min £90
Massage - Detox	90 min £90
Massage - Swedish	90 min £80
Massage - Swedish	60 min £55
Massage - Swedish	30 min £30
Reiki free trial	15 min free
Reiki session	45 min £40
Reiki session for a specific area of the body	30 min £30
Seiki Session	60 min £55
Shiatsu Session	75 min £60
Shiatsu Session - concession	75 min £50
Systematic Kinesiology initial phone call	15 min, free
Systematic Kinesiology Session	90 min £85

Please note that on the commencement of treatment, all clients enter into a personalised agreement/contract with their therapist, where payment is made directly. As such, The Whole Harmony Wellbeing Centre does not take responsibility for refunds, including those in relation to any unused sessions within a package. For more information, please consult your therapist for their individual policies on refunds, cancellations and the timeframe packages purchased must be used within.

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